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## RESEARCH ARTICLE

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## Key Points:

- Shallow, non-eruptive seismicity at Mount St. Helens is persistent between 2008 and 2024, clusters beneath the historical lava domes
- Deep seismicity becomes common after 2016 and occurs in semi-periodic swarms that last several months each
- Non-eruptive seismicity at Mount St. Helens is most likely caused by pore-pressure changes due to volatile flux from the upper-crustal magma reservoir

## Supporting Information:

Supporting Information may be found in the online version of this article.

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## Magmatic Volatile Flux Drives Non-Eruptive Volcano-Tectonic Seismicity at Mount St. Helens, USA From 2008–2024

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**Abstract** Seismicity during non-eruptive periods is useful for observing stress changes related to magmatic transport and volatile exsolution within active volcanoes. Mount St. Helens in Washington, USA, is the most active volcano in the continental United States and has been in quiescence since 2008. To explore the processes driving seismicity at Mount St. Helens, we create a high-resolution seismicity catalog of non-eruptive seismicity from 2008 through 2023, consisting of 31,133 events. We find persistent shallow seismicity (−2.2 to 2 km below sea level (BSL), 0–4.2 km below the surface) throughout the entire study period that concentrates beneath the dacite dome complex from the 1980–1986 and 2004–2008 eruptions. Additionally, there is frequent deeper seismicity (2–8 km BSL, 4.2–12.2 km below the surface) beginning in 2016. We examine a selection of deep earthquake swarms and find complex along-depth seismicity patterns. Within swarms, increases in shallow seismicity rates can precede or are concurrent with increases of deep seismicity rates. Lastly, we discover a series of semi-periodic, shallow, burst-like swarms, consisting of low-amplitude, repetitive similar earthquakes, indicating periodic valve-like release of fluid pressure from the conduit. Increased seismic activity beginning in 2016 indicates ongoing repressurization within the magmatic system driven by recharge or crystallization-induced second boiling within the upper-crustal reservoir after 2008. The data indicate that non-eruptive seismicity at Mount St. Helens is controlled by fluid pressure changes from gas flux sourced from the magma reservoir that migrates through crack networks.

**Plain Language Summary** Earthquake locations and timing in volcanic settings can be used to characterize the movement of magma and gases within its plumbing system. Although the last eruption at Mount St. Helens, USA, ended in January 2008, frequent earthquakes between 2008 and 2023 indicate that it is still active. We characterize volcanic activity during the current non-eruptive period by detecting and locating over 31,000 small volcanic earthquakes, most of which are located directly beneath lava extrusion vents from two of the most recent eruptions. We find that shallow earthquakes are far more common than deep earthquakes and occur continuously throughout the study period. Deep earthquakes mostly occur within temporally clustered groups that become frequent after 2016. Lastly, we find that many shallow earthquakes are repetitive and periodic. We suggest that non-eruptive earthquakes at Mount St. Helens are caused by gas flux originating from the magma source reservoir, which increases in amplitude around 2016.

## 1. Introduction

Seismicity beneath active volcanoes reflects localized deformation that may be attributed to the movement of magma and its exsolved volatiles within the volcanic plumbing system (e.g., Chouet, 1996; Eaton & Murata, 1960; Klein et al., 1987; McNutt & Roman, 2015; Minakami, 1974; Roman & Cashman, 2006; Scandone & Malone, 1985; Swanson et al., 1985). Mount St. Helens, USA, is the youngest and the most active volcano in the Cascade Range volcanic arc (Decker & Decker, 1981; Gleeson, 2020; Hoblitt et al., 1980; Topinka, 2004). Since the catastrophic flank collapse and eruption of 18 May 1980, Mount St. Helens has been consistently monitored with a regional-scale seismic instrument network (University of Washington, 1963; USGS Cascades Volcano Observatory) and has become one of the most thoroughly studied volcanoes in the world. In the last four and a half decades, Mount St. Helens has experienced two seismically recorded dome-erupting sequences: the first from 1980 to 1986 (e.g., Endo et al., 1981; Lipman & Mullineaux, 1981; Swanson et al., 1985; Weaver et al., 1983) and second, from 2004 to 2008 (e.g., Dzurisin et al., 2005, 2015; Iverson et al., 2006; Moran et al., 2008; Sherrod

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et al., 2008). In addition, a series of phreatic eruptions were observed from 1989 to 1991 (Mastin, 1994). Sixteen years have passed since the end of the last eruption in January 2008, providing a unique opportunity to examine trends in seismicity and its evolution after a long-lived dome-building eruption (K. V. Cashman et al., 2008; Pallister et al., 2013) and how they reflect changes of a dacitic volcanic plumbing complex in the upper crust (K. V. Cashman et al., 2017).

### 1.1. Upper Crustal Volcanic Structure

Melt within the Cascade volcanic arc is sourced from below the Moho discontinuity at 35–40 km below sea level (BSL) (e.g., Kiser et al., 2016, 2021; Stanley et al., 1990). It is then transported toward the upper-crustal volcanic complex at Mount St. Helens through a vertically extensive transcrustal magmatic system (Bedrosian et al., 2018; K. V. Cashman et al., 2017; Kiser et al., 2016, 2021; Leeman & Smith, 2018; Smith & Leeman, 1993; Wanke et al., 2019, etc.) Mount St. Helens is positioned above the St. Helens Seismic Zone (SHZ, Figure S1a in Supporting Information S1), a NNW–SSE oriented strike-slip fault zone that facilitates the transfer of magma toward the upper-crustal reservoir (Lehto et al., 2013; Musumeci et al., 2002; Weaver et al., 1983). Numerous constraints from petrologic (K. Cashman & Blundy, 2000; K. V. Cashman & McConnell, 2005; Pallister et al., 1992, 2008; Rutherford & Hill, 1993), geodetic (Anderson et al., 2010; Anderson & Segall, 2011, 2013; Scandone & Malone, 1985; Wong et al., 2017; Wong & Segall, 2019, 2020), and tomographic studies (De Siena et al., 2014; Kiser et al., 2018, 2019; Lees, 1992; Ulberg et al., 2020; Waite & Moran, 2009) agree that the upper extent of the shallow crustal magma reservoir lies between 5 and 8 km BSL, or between 7 and 10 km directly beneath the crater floor of Mount St. Helens. Magma from the source reservoir is transported to the crater floor during eruptions through a narrow, vertical conduit (Pallister et al., 2008, 2013). In addition, field observations conducted after the 2004 to 2008 eruption reveal that the upper 0.5–1 km of the conduit is filled with a solidified dacite plug with low porosity and volatile content (K. V. Cashman et al., 2008; Gaunt et al., 2014, 2016; Heap et al., 2016; Pallister et al., 2013).

### 1.2. Seismicity During Non-Eruptive Periods

The location, timing, and character of seismicity are useful for observing magmatic and volatile transport processes that occur during non-eruptive periods. Seismic events at Mount St. Helens are routinely identified, located, and published in an event catalog by the Pacific Northwest Seismic Network (PNSN) (University of Washington, 1963). Multiple types of volcanic seismicity have been identified at Mount St. Helens, including volcano-tectonic (VT) earthquakes (Moran, 1994; Moran et al., 2008; Thelen et al., 2011), long-period (LP) earthquakes (Fehler & Chouet, 1982; Glasgow et al., 2018; Han et al., 2018; Hansen & Schmandt, 2015; Matoza & Chouet, 2010; Matoza et al., 2015; Nichols et al., 2011; Vidale et al., 2014; Waite et al., 2008), and tremor (Denlinger & Moran, 2014; Fehler, 1983; Köpfli et al., 2024; Malone, 2020; Moran et al., 2008). VT earthquakes, which are characterized by a waveform character and frequency spectra that resemble an earthquake from a tectonic source (e.g., Endo et al., 1981; Malone et al., 1983; Power et al., 1994; Stephens et al., 1994), are the most commonly recorded seismic event type during non-eruptive periods (Glasgow et al., 2018; Lehto et al., 2013; Moran et al., 2008).

VT seismicity during non-eruptive periods at Mount St. Helens is typically attributed to slip on pre-existing faults triggered by pore-pressure variations (Benson et al., 2008; Goto, 1999; Scholz, 2019; Tuffen et al., 2008) in crystallized magma or wallrock. These variations, thought to be due to magmatic volatiles and fluids that originate from the upper crustal magma chamber, are then channeled to shallower depths through the conduit (Moran, 1994; Moran et al., 2008; Musumeci et al., 2002; Zhang et al., 2022). Shallow VT activity between –2 and 2 km BSL is common and persistent during the non-eruptive periods from 1992 to 2004 and 2008 to 2023. By contrast, VT earthquakes deeper than 2 km tend to cluster within quasi-periodic swarms that last from several months to several years and are regarded as evidence for repressurization induced by magmatic recharge (Moran, 1994; Moran et al., 2008; Musumeci et al., 2002; Zhang et al., 2022). Lastly, VT earthquakes can occur adjacent to an upper crustal magma reservoir below roughly 8 km BSL, but rarely occur within it (Lehto et al., 2013; Moran, 1994; Moran et al., 2008; Musumeci et al., 2002; Zhang et al., 2022). In this study, we use an augmented seismicity catalog to observe spatial and temporal patterns in VT seismicity, from which we infer the locations of brittle structures, mechanisms of volatile transfer, as well as the evolving state of pressurization during the current non-eruptive period.

## 2. Methods and Data

We create an enhanced, high-resolution seismicity catalog with the goal of observing the evolution of non-eruptive seismicity between January 2008 and the end of December 2023 (Video 4, Data S1, [10.5281/zenodo.17089016](https://doi.org/10.5281/zenodo.17089016)). We detect and locate both previously cataloged and newly discovered events by applying a network-based template-matching and location workflow similar to Shelly et al. (2013, 2016) and Ross et al. (2019), using multi-station P- and S- waveform templates from a total of 4,044 analyst-identified events recorded between January 2008 and December 2023 (University of Washington, 1963). We apply this workflow to a total of 57 short period broadband seismometers within approximately 50 km of the Mount St. Helens edifice. Station metadata may be viewed in Text S5 in Supporting Information S1 and Table S1. In this section, we summarize the key components to the detection and location workflow and provide additional details concerning data quality selection and location uncertainty estimation in Text S1 and S2 in Supporting Information S1.

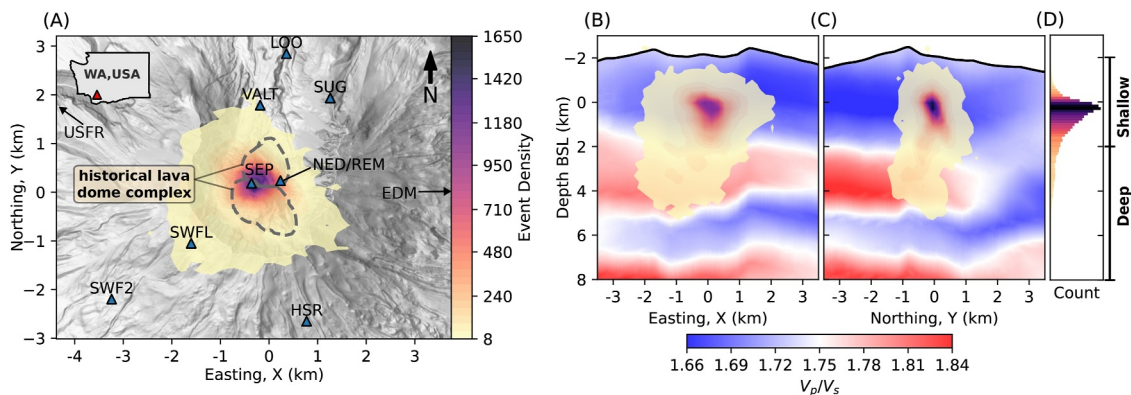
### 2.1. Event Location: Three-Dimensional Velocity Model

Accurately locating earthquakes at Mount St. Helens is challenging owing to its complex velocity structure and high topographic relief, which can influence seismic ray paths and travel times over typical source to receiver length scales (Burjáněk et al., 2014; Neuberg & Pointer, 2000; Ripperger et al., 2003; Zhang et al., 2022). To mitigate these effects, we use the three-dimensional (3D) P- and S-wave velocity models of Kiser et al. (2019). These models were derived from the recordings of active source borehole shots on over 3000 geophones during the Imaging Under Mount St. Helens (iMUSH) dense array experiment in 2014 (Kiser et al., 2016, 2019). We then resolve 3D P- and S-wave travel time grids using “Stingray,” a seismic ray tracing algorithm from Moser (1991) and Toomey et al. (1994). In addition, we input into Stingray the 15 s topographic model from the NASA Shuttle Radar Topography Mission (SRTM, 2013). The resulting grids are centered at the middle of the Mount St. Helens crater at  $-122.19^\circ$  longitude and  $46.20^\circ$  latitude, span 100 km along longitude ( $x$ ), 95 km along latitude ( $y$ ), and 40 km below the topographic surface ( $z$ ), and have a spacing of 0.25 km. We use these grids to solve for absolute and relative locations in NonLinLoc (Lomax et al., 2000, 2014) and GrowClust3D (Trugman et al., 2023; Trugman & Shearer, 2017), respectively.

### 2.2. Event Detection: Template Matching

Network-based template matching is well suited for detecting low amplitude events in volcanic environments (Garza-Giron et al., 2023; Hotovec-Ellis et al., 2018; Matoza et al., 2015; Shelly et al., 2013, 2016). Each template is associated with a starting location that is solved using analyst-confirmed phase arrivals with the NonLinLoc OCT-TREE nested grid search algorithm (Lomax et al., 2014). We then generate separate 2.5-s-long waveform templates for P- and S-wave arrivals for each station used to record the template, including all available channels. Each waveform template begins 0.5 s before its respective arrival time. We predict the arrival time of missing S-wave arrival picks using a  $V_p/V_s$  ratio of 1.65. If the difference between S- and P-wave arrivals is less than 2.5 s, the P-wave template is truncated to exclude the S-wave arrival. Continuous waveform streams are loaded and pre-processed using tools included in Obspy, a Python library for processing seismological data (Beyreuther et al., 2010). Prior to cross-correlation, we detrend, taper, interpolate to 100 Hz, and filter each template and day-long waveform trace with a zero-phase Butterworth filter between 2 and 20 Hz.

Each template is cross-correlated with continuous seismic data on all days that have at least 4 available stations within the template between January 2008 to December 2023. Day-long normalized cross-correlation (NCC) functions generated with the Super Efficient Cross- Correlation package (Senobari et al., 2019) are then summed across all channels and phases from the template. An event detection is considered when peaks of the summed NCC function exceed 12 times its median absolute deviation. We choose the  $12 \times \text{MAD}$  threshold after Ross et al. (2019) to favor detection robustness over long time periods where station health and noise can vary significantly. The resulting cross-correlation and differential time measurements are input into the GrowClust3D algorithm (Trugman et al., 2023), which simultaneously locates newly detected events and relocates cataloged template locations. Our resulting catalog contains 31,133 events (about 7.7 times greater than the PNSN catalog) with magnitudes between  $-3$  and  $4.5$  (Figure S3 in Supporting Information S1) within a roughly 4 km radius of the middle of the Mount St. Helens edifice.



**Figure 1.** (a) Mount St. Helens, Washington, USA, study area projected along easting and northing in map view. Event density is depicted with contours, stations near the edifice are in triangles, and dashed outline shows boundaries of the historical dome complex. North of station SEP are lava domes from the 1980–1986 eruptions. South of station SEP are the 2004–2008 lava spines. Outlines of the lava dome complex are modified from Major et al. (2005) and Gabrielli et al. (2020). Stations USFR and EDM are nearby but outside of the map boundaries. Earthquake density contours are drawn from roughly 0.2 km by 0.2 km (0.04 km<sup>2</sup>) bins. Contours from bins containing at least 10 events each from the enhanced catalog in 2008–2024 in cross section along Easting (b), and Northing (c) superimposed on the  $V_p/V_s$  model from Kiser et al. (2019) velocity model, which we use for locating earthquakes in this study. Depth/ $X$ ,  $Y$  aspect ratio in (b) and (c) is 0.7. Normalized earthquake depth histogram shown in (d). Full station configuration is shown in Figure S1 in Supporting Information S1. Topographic profiles in (b) and (c) are interpolated from SRTM (2013) at  $X = 0$ , and  $Y = 0$ , respectively.

### 2.3. Event Magnitudes

We measure the size of both previously cataloged events and new events using the relative magnitude procedure described by Shelly et al. (2016). To reconcile changes in template event location and derive magnitudes for template events with a consistent scale, we compute the Richter magnitude ( $M_L$ ) using the Obspy estimate\_magnitude function (Beyreuther et al., 2010) and attenuation-correction terms of Bakun and Joyner (1984). The resulting  $M_L$  values are then extended to new events by computing the relative amplitude method of Shelly et al. (2016). Here, we refer to the extended local magnitudes as  $M_{L\_ext}$ . Additional details for the magnitude computation procedure are described in Text S4 in Supporting Information S1.

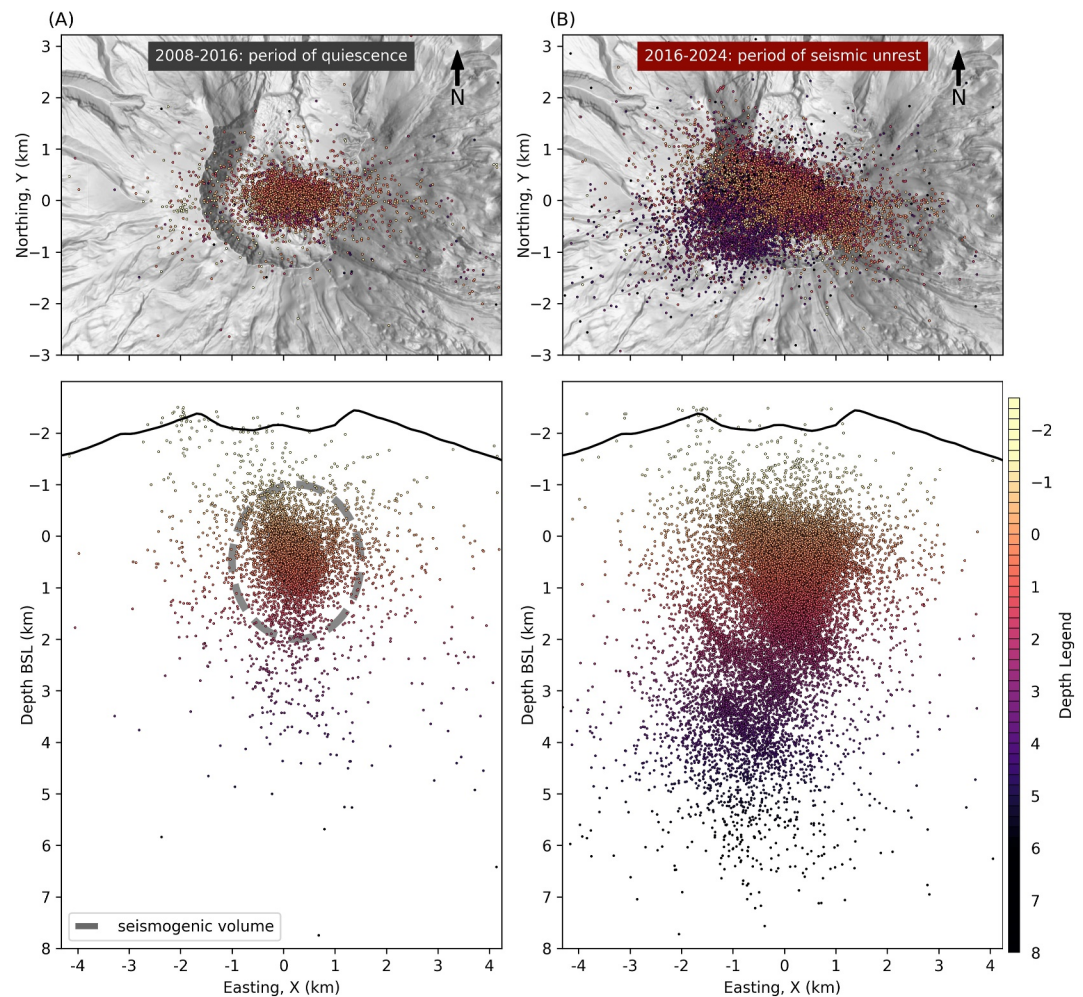
### 2.4. Changes to Monitoring Network and Magnitude of Completeness Correction

Within 10 km of the modern-day crater floor, a total of 6 stations (CC.NFT, CC.HOA, CC.USFR, CC.REM, CC.SWF2, CC.LOO) were added and 3 stations (CC.SWFL, CC.NED, UW.JUN) were removed (Figure 1a, Figure S1 in Supporting Information S1). Changes in the quantity of broadband stations near Mount St. Helens throughout the 2008 to 2023 study period can influence the ability of the network to detect and locate small magnitude events. Thus, changes in apparent event rate may reflect changes in the seismic network detection threshold, instead of true changes in seismic activity. To ensure a robust interpretation of long-term event rates, we apply a time-dependent magnitude of completeness correction within non-overlapping time windows. To test the effect of window length on completeness magnitudes ( $M_c$ ), we compute  $M_c$  within 3-month, 6-month, 1-year, and 2-year long windows. For each window, we compute the frequency-magnitude distribution with 0.1 magnitude-wide bins and estimate the completeness magnitude of each window using the maximum curvature (MAXC) definition of Wiemer and Wyss (2000). Here, the  $M_c$  is equated to the magnitude bin with the highest frequency. We choose the MAXC definition because it is simple to compute and does not require assumed  $b$ -values (Lapins, 2022). To balance between temporal resolution and numerical stability, we apply the time-dependent  $M_c$  computed within 6-month long bins. We apply the  $M_c$  to the long-term event rates by removing events that are below the  $M_c$  at its respective time (Figure S2 in Supporting Information S1). Trends in both the uncorrected and  $M_c$  corrected seismicity rates closely resemble each other. Thus, analysis and discussion of event-rates presented in this manuscript are based on the uncorrected rates computed with all events in the catalog.

### 2.5. Moment Tensor Solutions

We attempt to constrain source mechanisms for individual earthquakes in the PNSN catalog using the MTfit package, which probabilistically solves for both full moment tensors and double-couple solutions using first-





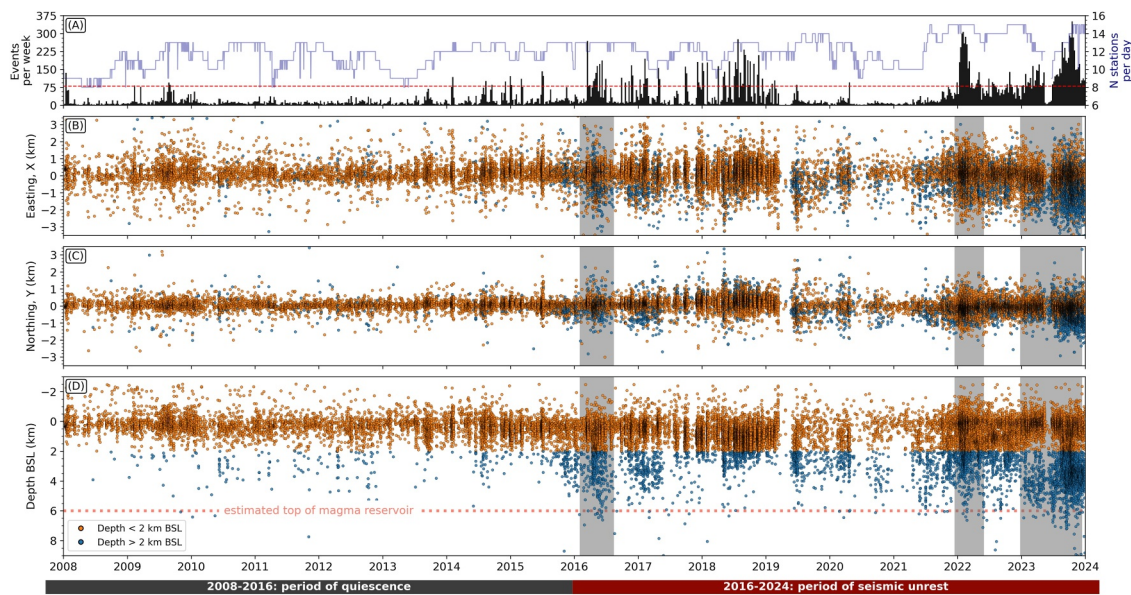
**Figure 2.** Map and depth sections of seismicity within the periods (a) 2008 to 2016 and (b) 2016 to 2024 (see Figure 3). Seismogenic volume is drawn in (a).

motion P-wave polarities (Mildon et al., 2016; Pugh & White, 2018). We analyze a selection of 31 well-recorded earthquakes with good focal sphere coverage and at least 15 analyst-picked polarities, which are accessed through Obspy (Beyreuther et al., 2010) from the IRIS database. Special care was taken to correct for inverted vertical channel orientations at some recording stations, according to the IRIS metadata. We choose not to use P- S amplitude ratios as we do not have empirical station correction terms to accommodate the heterogeneous site effects (e.g., Hardebeck & Shearer, 2003). We then solve for source-to-station azimuth and takeoff-angle grids using the NonLinLoc Time2Angles function, which are then interpolated for their precise location determined from the template match and relative location procedure. The polarities and maximum likelihood solutions for full moment tensor and double-couple inversions are shown in Figures S9–S11 in Supporting Information S1.

### 3. Results

#### 3.1. Spatial Patterns

Most seismicity within our catalog is laterally confined within a 2-km radius centered near the middle of the 1980s crater floor (Figures 1a and 2a). The distribution of earthquake epicenter density sharply concentrates toward the middle of this source region, which lies beneath remnants of the dacite lava domes and spines extruded during the 1980 to 1986 (e.g., Lipman et al., 1981) and 2004 to 2008 (e.g., K. V. Cashman et al., 2008; Pallister et al., 2013) eruptive periods, respectively. Nearly all seismicity within our catalog occurs at depths between the crater floor and around 7.5 km BSL, with the lower limit of seismicity roughly consistent with the upper extent of the



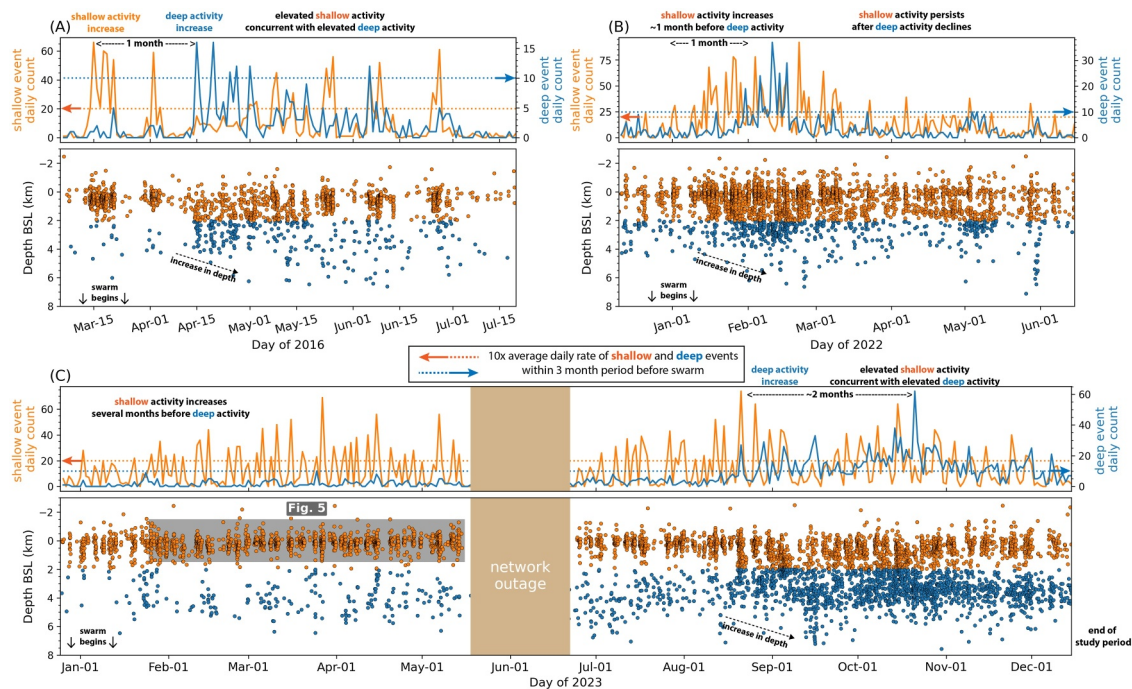
**Figure 3.** (a) Weekly earthquake rates (black histograms) and number of stations per day within 10 km of the edifice (blue line). Dashed red line in (a) depicts the 80 event per week rate threshold dividing earthquake swarm and background rate ranges. Individual days with fewer than 7 operating stations were removed to emphasize long term trends in station count. (b, c, and d) Earthquake locations along X, Y, and depth below sea level (BSL) for entire 2008 to 2024 study period. Earthquakes shallower than 2 km BSL and deeper than 2 km BSL are colored orange and blue, respectively. The estimated top of the magma reservoir (red dotted line in d) is constrained from numerous seismic, petrologic, geodetic, and tomographic studies listed in the Introduction. Light gray patches are swarms examined in Figures 4a–4c. See Video S4 for animation of the entire time series. See Section 3.1 for discussion regarding depth datum and the boundary between “shallow” and “deep” seismicity depth ranges.

magmatic source reservoir. For convenience, we refer to depth regions between the crater floor (−2.2 km BSL) to 2 km depth BSL as “shallow,” and 2–8 km depth BSL as “deep.” The boundaries we define here are not to be confused with those defined by other studies, which may include: 2–3 km below a datum at 1.1 km above sea level (ASL) in Moran (1994) and Moran et al. (2008), 0.5 km BSL in Zhang et al. (2022), 3 km below a 2.2 km ASL datum in Lehto et al. (2010, 2013), and 2 km below the surface in Waite et al. (2008). Approximately 87% of all hypocenters occur at depths shallower than 2 km BSL (Figure 1d) (25,855 shallow and 5,278 deep earthquakes). Most shallow earthquakes localize within a distinct seismogenic volume of roughly 1 km radius area between −0.5 and 2 km depth BSL (Figures 1b–1d). In further discussion we refer to this shallow zone as the “seismogenic volume” (Figure 2a). Similar groups of persistent shallow earthquakes have also been previously identified between 1991 and 2004 and after 2008, which have been referred to as a shallow “seismogenic volume,” “seismicity band,” or “seismic lid” (Lehto et al., 2013; Moran et al., 2008; Zhang et al., 2022).

The uncertainties of deep earthquake locations are nearly twice as large as uncertainties for shallow earthquakes (Figure S5 in Supporting Information S1). In addition, all earthquakes have location uncertainties that are twice as great along the east-west direction as along the north-south direction, owing to the station geometry near the edifice (Figure 1a, Figure S1 in Supporting Information S1). The median one standard deviation uncertainties along east-west ( $X$ ), north-south ( $Y$ ), and depth are 0.66, 0.32, and 0.59 km for shallow earthquakes and 1.01, 0.52, and 1.05 km for deep earthquakes. This may partly explain why deep earthquakes are more spatially diffuse than shallow earthquakes, and why hypocenters occupy a wider footprint along the east-west direction compared to the north-south direction (Figures 1–3).

### 3.2. Long Timescale Patterns

We divide the study period into two distinct eight-year-long periods from 2008 through the end of 2015 and from 2016 to 2024, which we refer to as the “period of quiescence” and the “period of seismic unrest,” respectively (Figures 2 and 3). These two eight year-long periods are distinguished by the relative absence and abundance of deep seismicity, respectively. Shallow seismicity within and around the seismogenic volume (depth <2 km BSL) is persistent throughout the entire 2008 to 2023 study period (Figure 3d). Deep seismicity is rare between 2008 and 2016 but is frequent between 2016 and 2024, where it usually clusters within earthquake swarms that each last



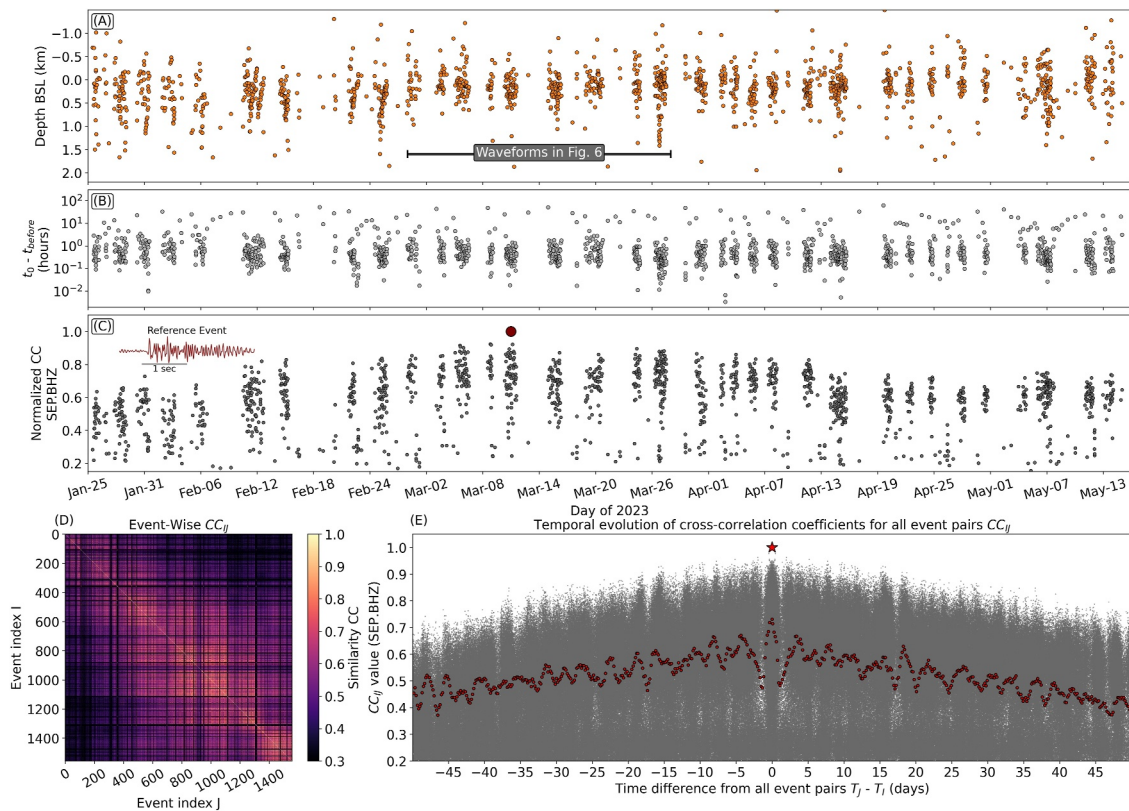
**Figure 4.** Earthquake swarms shown in gray patches from Figure 3. (a) 2016, (b) early 2022, and (c) 2023 (c). Shallow and deep earthquake daily rates are shown in each top panel on left and right-side axes, respectively. The horizontal dotted lines show the equivalent of 10 times the average daily rate of shallow and deep events within a 3 month period before each swarm started. Earthquake depths plotted against time on bottom axes. See Videos 2–4 for four-dimensional depictions of these swarms.

several months (Figure 4). The number of broadband seismic recording stations within 10 km of the edifice increases from 8 to 15 between 2008 and 2023, with temporary decreases in station count due to poor weather in the winter months (Figure 1a). For discussion, we arbitrarily define an earthquake “swarm” as a continuous or near continuous period where the earthquake rate exceeds a “background rate” threshold of 80 events within a one-week bin (Figure 3a, Figure S2 in Supporting Information S1). Our choice of 80 events per week is to distinguish periods of relatively high or low event rates and does not reflect a criterion defined by previous studies. The long-term changes in event rates discussed here closely resemble those corrected for by the time-dependent magnitude of completeness (Figure S2 in Supporting Information S1), which suggests that they reflect true changes in seismic activity at Mount St. Helens.

The period of quiescence begins in January 2008, during the final weeks of the 2004–2008 eruption (Dzurisin, 2018; Dzurisin et al., 2015). Small shallow swarms in early January mark the final stages of the eruption, after which seismicity drops to fewer than 10–30 events per week. Over the next eight years, activity is dominated by low-rate shallow seismicity near the seismogenic volume (Figure 2a), occasional deep events, and weak inflation (Figures 3a–3d; Figure 2a; Figure S4b in Supporting Information S1; Dzurisin et al., 2015). A small number of shallow swarms occur in January 2008 (Figure S5a in Supporting Information S1) and August–September 2009 (Figure S5b in Supporting Information S1), after which, seismicity rates remain low. Semi-periodic shallow swarms reappear in mid-2013, July–October 2014, and July 2015, with weekly rates peaking at 100–150 events (Figure 3a; Figure S2c in Supporting Information S1).

Beginning in 2016, the period of seismic unrest hosts several recurring earthquake swarms with relative increases in earthquake activity at shallow (less than 2 km BSL) and deep (2–8 km BSL) depth ranges. The years 2016, 2017, and 2018 each featured several swarms per year where seismic event rates reached 100 to 200 events per week, before decaying to background rates between 2019 and late 2021. The final two years of the study period, 2022 and 2023, feature the highest peak and persistent seismic activity levels in the entire study period. In 2022 and 2023, seismicity rates reached as high as 240 to 350 events per week.





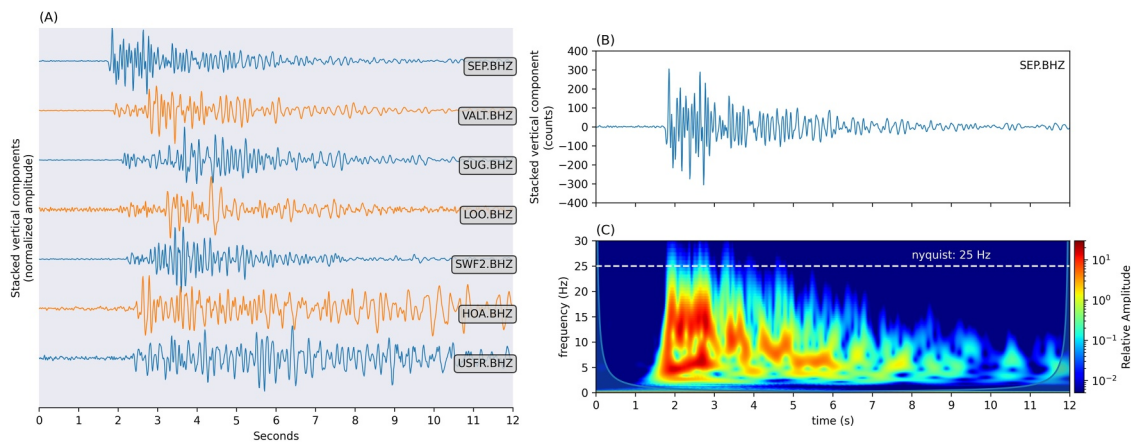
**Figure 5.** Shallow seismicity bursts between January and May 2023, from Figure 4c. Time series of (a) depths, (b) recurrence intervals, and (c) cross-correlation coefficients of all events in this period with respect to a reference event (dark red dot in c) on 11 March 2023. (d) Event-wise cross-correlation matrix. (e) Change in event-wise cross-correlation values (gray dots) for all events with respect to any reference event (red star) event in (a) plotted versus the relative time difference in each event pair. This graph shows the same information as (d) but is projected with respect to the event pair time difference. Red dots are the mean values for each four-hour long bin. See Figure S7 in Supporting Information S1 for a detailed inspection of inter-event cross-correlation values of P-S and coda phases.

### 3.3. Swarms: Shallow and Deep Event Timing

We explore the evolution of along-depth seismicity distributions over several-month-long timescales by examining the relative timing between shallow and deep earthquake daily event counts for three well-recorded swarms in March–July 2016, January–June 2022, and January–December 2023 (Figures 4a–4c, Videos S2–S4). All three examples show that shallow and deep event activity rates within earthquake swarms are temporally concurrent (Figures 4a–4c). In all three cases, the number of shallow and deep event rates per day both far exceed 10 times the average rates of a three-month period leading up to each respective swarm.

In general, event rate increases of shallow seismicity can either precede those of deep seismicity by several weeks or occur at roughly the same time. During swarms, increased deep earthquake activity can persist continuously for several weeks to months. In addition, shallow seismicity rates remain elevated throughout periods of increased deep event activity. Shallow seismicity earthquake rates can decay concurrently with those of deep earthquakes or persist for several weeks after the rate of deep events has declined to pre-swarm levels. Continuous migration fronts are rarely observed. Instead, most seismicity occurs within burst-like clusters with complex short-term migrations that collectively move along depth over several-week-long timescales. We choose not to interpret individual small-scale migration patterns as individual geologic structures, since this would require rigorous location precision testing to ensure robustness (J. Battaglia et al., 2004; Thelen et al., 2011). The 2016 swarm (Figure 4a, Video 2) features bursts of up to 60 shallow earthquakes per day, which precede the onset of near continuous deep activity by two to four weeks. As many as 60 shallow and 15 deep earthquakes per day were recorded between 15 April and 1 July 2016, before decaying to background activity rates. Similarly, the 2022 swarm (Figure 4b, Video 3) consists of shallow event rate increases that begin about four weeks before the onset of deep seismicity rate increase. Up to 80 shallow and 20 deep earthquakes per day were recorded between 1





**Figure 6.** (a) Multistation waveform stack containing 300 shallow burst events from February to April 2023, shown in Figure 5a. (b) continuous wavelet transform spectrogram (c) of stack from the SEP.BHZ channel.

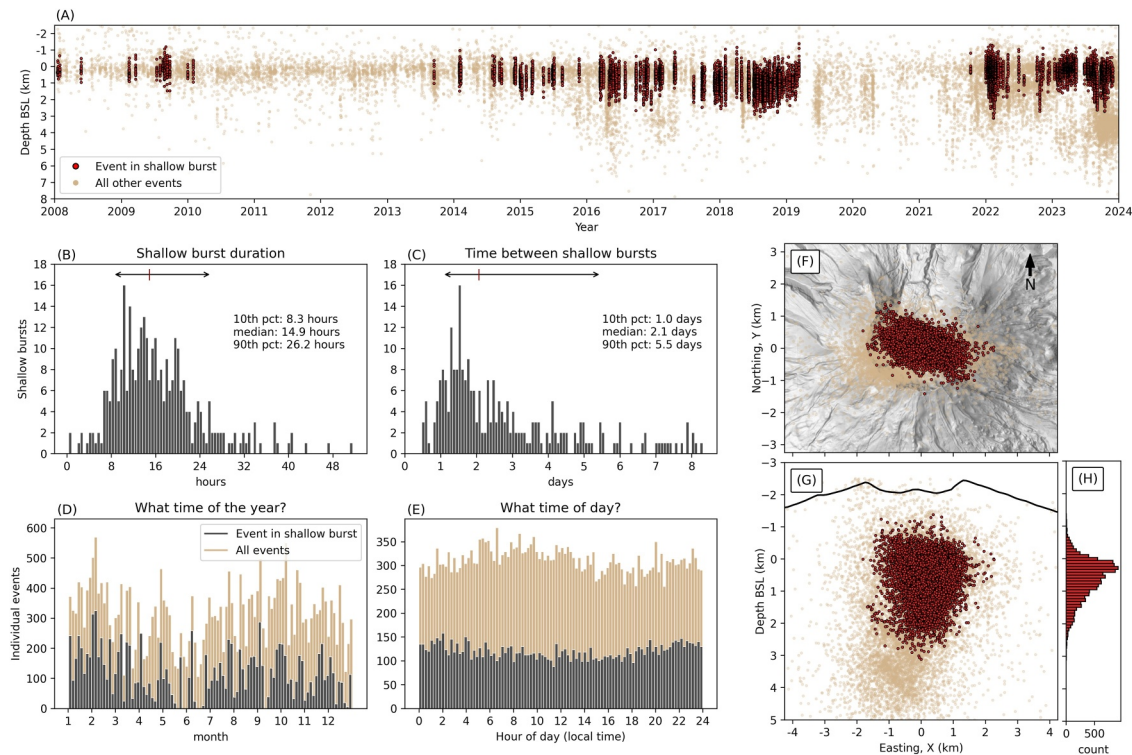
January and 1 April 2022. A small, isolated cluster of around 60 earthquakes between 2 and 3 km depth occur between 1 May and 15 May. An average of 50 earthquakes per week are recorded between June 2022 until the start of the third swarm in July 2023—significantly greater than rates observed during most of the 2008 to 2016 quiescent period.

The mid to late 2023 swarm (Figure 4c, Video 4) features the largest number of earthquakes and is the most long-lived swarm that we discuss in this section. Heightened seismicity rates during this period were originally reported by the Cascades Volcano Observatory (2023). A portion of this swarm is hidden by a network-wide service outage between May and June 2023. Like the 2016 and 2022 swarms, increases in deep seismicity rate occur after increases in shallow activity rates. However, higher-than-average levels of persistent shallow and deep seismicity started shortly after the end of the January–June 2022 swarm. Between 20 and 70 shallow and 10 to 50 deep earthquakes were consistently recorded per day between mid- August until the end of December 2023. This swarm may extend into 2024, beyond the end of the study period.

### 3.4. Shallow Burst-Like Swarms

A close inspection of shallow seismicity during the 2016, 2022, and 2023 swarms indicates that many shallow earthquakes occur in quasi-periodic ‘burst-like’ clusters, which we refer to as “shallow seismicity bursts” (also referred to as “bursts”). We focus on a well-recorded sequence of shallow bursts from late-January to mid-May 2023 for in-depth analysis (Figures 4c, 5, and 6). The events within shallow seismicity bursts during this period are concentrated in a compact source volume between  $-0.5$  and  $1$  km BSL (Figure 5a), located in the shallow seismogenic volume (Figures 1, 2a, and 7). The timing and recurrence intervals (Figure 5b) show that each shallow burst lasts from one to two days in duration, recurs between one to four days of each other, and contains between 5 and 30 shallow earthquakes.

We explore inter-event waveform similarity for all shallow earthquakes within this period by computing the event-wise cross-correlation coefficient for every event pair recorded on the vertical EHZ channel of station SEP, as it is the nearest station to the source region. Prior to event-wise cross-correlation, the waveform of each event is trimmed to 4 s in duration beginning 0.5 s before the expected P-wave arrival, interpolated to 100 Hz, and high-pass filtered above 1 Hz. We show the resulting inter-event cross-correlation between a reference event on 11 March 2023 (referred to as T0) in Figure 5c and the full inter-event cross-correlation matrix (CCij) in Figure 5d. The inter-event cross correlation indicates a steady increase in waveform similarity from no greater than 0.65 in late January 2023 to roughly 0.9, a few hours before T0, followed by a decline at a similar rate until mid-May. The progressive increase and decrease of mutual waveform similarity is a common feature among several events within shallow bursts between January and May 2023 (Figures 5d and 5e). To investigate whether the long-term change in inter-event cross-correlation is caused by an evolution in the location, source mechanism, or path, we separate the waveforms into two sections—the first containing body wave or P- and S-wave arrivals and second containing coda phases (Figure S7 in Supporting Information S1). We then compute the inter-event cross-

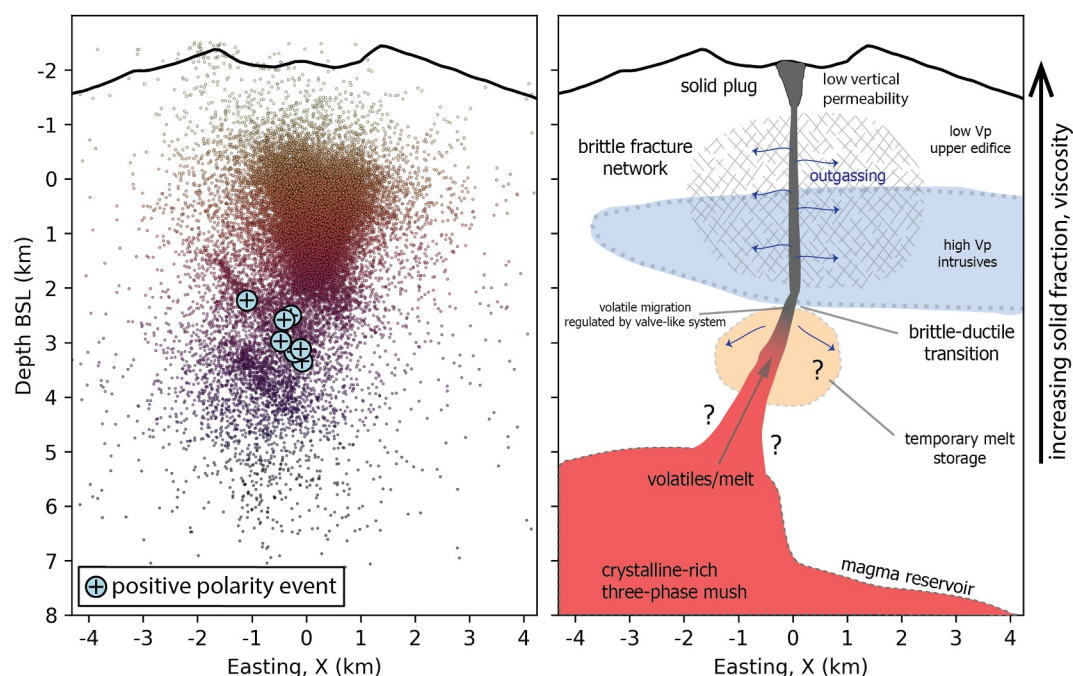


**Figure 7.** (a) Depth time series between 2008 and 2024 showing all detected shallow bursts using ST-DBSCAN. (b) and (c) are histograms showing distributions of durations of and time between individual shallow bursts within their respective sequences. Shallow bursts that are more than 8 days apart from each other are not a part of the same sequence. Horizontal arrow and red tick show the 10th to 90th percentiles and median values. (d) and (e) show distributions of month and hour of day for all individual events within shallow bursts and the entire data set. Location of shallow burst events in map view (f), along depth (g), and depth distribution (h).

correlation for both sections independently. Most of the body wave inter-event cross-correlation values are between 0.75 and 1, suggesting a high degree of similarity with a slight increase leading to the reference event and slight decrease afterward (Figures S7a, S7d in Supporting Information S1). By contrast, the evolution of inter-event coda phase cross-correlation coefficients closely resembles the trends observed in those of whole waveform inter-event cross-correlation values (Figures 5c–5e). Inspection of the aligned waveforms shows a consistent first-motion polarity.

Individual events within shallow bursts are of low signal to noise, however their near-repetitive waveform character makes it possible to stack and characterize several hundred similar events. We align and compute the NCC-weighted average of 300 events from this sequence to form a characteristic multi-station waveform stack (Figure 6a). We then compute the continuous wavelet transform spectrogram (Figure 6c) for the stacked waveform on SEP.EHZ (Figure 6b), as it is the nearest station to the event source region. CWT analysis of the SEP.EHZ waveform stack shows that it is rich in coherent 2–20 Hz energy. In addition, the multi-station stack shows clear moveout of impulsive P-wave arrivals on vertical channels and S-wave arrivals on horizontal channels on seven stations nearest the source location (Figures 1a and 6a; all components shown in Figure S6 in Supporting Information S1). The amplitude of the coda phase decays to noise levels within roughly 10 s of the P arrivals on three of the nearest stations: SEP, VALT, and SUG.

Shallow bursts occur throughout most of 2023 (Figure 4c), during the 2022 swarm from January to March 2022 (Figure 4b), and to a lesser extent the 2016 swarm from March to June 2016. Do shallow burst swarms occur only during these select time periods or are they ubiquitous throughout the entire study period? The compact source region and consistent temporal clustering of events within burst-swarms (Figures 5a and 5b) make it possible for a density-based clustering algorithm to identify individual shallow seismicity bursts. We apply ST-DBSCAN (Birant & Kut, 2007; Cakmak et al., 2021; Ester et al., 1996) on all earthquakes between 2008 and 2024 to automatically detect groups of shallow earthquakes whose locations ( $X$ ,  $Y$ , and depth) and origin times cluster together. ST-DBSCAN is a variant of DBSCAN (Ester et al., 1996) that is designed to accommodate both space



**Figure 8.** Interpretation of seismogenic features at Mount St. Helens. (a) All earthquake locations along depth, including the locations of 7 events with at least 15 positive and no negative first motion polarities (see Section 3.5 and Figures S11 and S15 in Supporting Information S1). (b) Physical features affecting earthquakes. The magma reservoir and high  $V_p$  intrusives are traced from the  $V_p$  images of Kiser et al. (2018). The temporary melt storage zone is loosely based off the shallow magma storage zone from Lees (1992) and Waite and Moran (2009).

and time dimensions. Clusters of data points are formed if the Euclidean distances of constituent points are within a user-defined space and time epsilon and minimum size thresholds relative to each other (Birant & Kut, 2007; Cakmak et al., 2021). We apply spatial and temporal epsilon values of 1 km and 5 hr respectively and require that each cluster include at least 15 events. Lastly, we consider all ST-DBSCAN-identified clusters with a mean location depth shallower than 2 km BSL as shallow burst swarms.

We identify a total of 336 individual shallow seismicity bursts between 2008 and 2024 (Figure 7a). The labels assigned to individual bursts make it convenient to observe statistical patterns including the duration (Figure 7b) and recurrence interval between bursts (Figure 7c). Shallow seismicity bursts occur infrequently between 2008 and 2009, and 2013 and 2015 (Figure 7a). They occur frequently during seismic unrest between 2016 to early 2019 and late 2021 to 2024. All events within shallow seismicity bursts occur within a 1.5 km radius of the dacite domes (Figures 1a, 7f, and 7g), between depths of  $-1$  to 2.5 km BSL (Figures 7g and 7h). The depth distribution of all shallow burst events is densest at approximately 0.25 km BSL. Similarly, with all detected earthquakes in our catalog, events in shallow bursts do not preferentially occur during any season of the year (Figure 7d), or time of day (Figure 7e).

### 3.5. Source Mechanisms

Our attempts to constrain moment tensor and double-couple solutions are unsuccessful (Figures S9 and S10 in Supporting Information S1). We examine 31 of the most well-recorded events in the PNSN catalog, each of which has at least 15 analyst-picked first-motion polarities. Despite reasonable focal sphere coverage, the resulting moment tensor and double-couple solutions are poorly constrained and contain several misfit polarities (Figures S9 and S10 in Supporting Information S1). This could be due, in part, to difficulties in accurately constraining take-off angles within a complex velocity structure. However, from these 31 events, we find seven events between 2019 and 2022 located within the edifice between 2 and 3.5 km BSL that feature 15 or more positive and no negative first-motion polarities (Figure 8a, Figure S11 in Supporting Information S1). These events feature impulsive P-wave arrivals, show high-frequency energy on borehole stations, and do not correlate with changes in shallow seismicity rates.



## 4. Discussion

### 4.1. Volatile Flux as a Driver of VT Seismicity

The driving mechanisms of VT earthquakes are debated and likely specific to the volcanic environment of interest. At Mount St. Helens, we propose that VT seismicity is driven by volatile flux from the shallow magmatic system based on its repetitive swarm-like nature and proximity to the conduit. Although regional-scale tectonic earthquakes occur along the Saint Helens Seismic Zone (SHZ) (Figure S1a in Supporting Information S1) we do not find evidence that tectonic earthquakes on the SHZ are related to seismicity near the Mount St. Helens volcanic edifice (Lehto et al., 2013; Musumeci et al., 2002; Qamar et al., 1981; Weaver et al., 1983).

In this section, we propose that VT seismicity at Mount St. Helens is generated by brittle deformation resulting from increases in fluid pressures on preexisting crack networks within the conduit and the surrounding bedrock (Benson et al., 2008; Goto, 1999; Hill, 1977; Roman & Cashman, 2006; Scholz, 2019; Tuffen et al., 2008). This increase in fluid pressure likely occurs due to volatile flux from the deeper portions of the shallow magma system (Edmonds et al., 2019; Edmonds & Woods, 2018). These volatiles could originate from deeper, aseismic magma injection or from second boiling—the continued release of volatiles during crystallization of magma as it cools post-emplacement (e.g., Roman & Cashman, 2018; Wech et al., 2020). Both processes can increase volatile saturation and have been shown to drive repeating, non-eruptive seismicity in other volcanic environments (Cannata et al., 2013; Wech et al., 2020). Systematic analysis of the long-period seismic records at Mount St. Helens from 2008 to 2024 could help decipher the origin of these volatiles and better constrain their timing and depth.

VT earthquakes at Mount St. Helens have been previously proposed to be associated with shear faulting induced by pressurization within the magmatic conduit and reservoir (Barker & Malone, 1991; Lehto et al., 2010, 2013; Moran, 1994, 2008; Musumeci et al., 2000, 2002; Roman & Cashman, 2006). However, VT earthquakes can encompass a diverse range of source types with varying degrees of double-couple, isotropic, and dipole components (Foulger & Julian, 2015; Hrubcová et al., 2021; Julian et al., 1998; Mildon et al., 2016; Templeton, 2006). Moreover, we find seven earthquakes with all positive first-motion polarities across the focal sphere, suggest that some earthquakes at Mount St. Helens can contain isotropic components (Figures S11 and S15 in Supporting Information S1) (Aki, 1984; Foulger & Julian, 2015).

Spatial and temporal patterns of VT occurrence are also consistent with VTs being driven by volatile flux. Shallow seismicity is much more abundant than deep seismicity between 2008 and 2024 and it is persistent throughout the entire study period. Deep seismicity does not become common until 2016, when it occurs in recurring, semi-periodic swarms that last for several months. Event-rate changes within swarms could signal periods of elevated volatile flux over several weeks to months-long timescales. Shallow seismicity can occur with or without deep seismicity, whereas deep seismicity rarely occurs without concurrent shallow seismicity. If seismicity at all depths is driven by gas flux that originates from the upper-crustal reservoir, it appears to traverse several kilometers of conduit, often without triggering seismicity until it reaches shallow depths. Moreover, this spatial distribution of VTs indicate that the shallow edifice is more prone to brittle deformation than the deep edifice.

We suggest that these macroscopic observations can be explained by (a) a brittle-ductile transition (Fourrier, 2007; White & McCausland, 2019) at about 2 km BSL, and (b) reduced vertical permeability toward shallow depth (Figure 8). The proposed brittle-ductile transition at 2 km BSL is roughly consistent with the 80th percentile threshold of focal depths (1.8 km BSL) suggested by Smith and Bruhn (1984). To accommodate these rheological and permeability changes, we consider along-depth changes in the bulk solid fraction of resident magma in the conduit (Figure 8). Upon ascent, magma decompresses and crystallizes as it exsolves volatiles (K. Cashman & Blundy, 2000). In turn, increases in solid fraction within highly crystalline, silicic magma produce substantial changes in viscosity and permeability (Cassidy et al., 2018; Kozono & Koyaguchi, 2012; Schneider et al., 2012; Wong et al., 2017). Small increases in solid fraction can cause increases in magmatic viscosity by several orders of magnitude and affect brittleness of the shallow edifice (K. V. Cashman et al., 2017). Moreover, the resulting loss of volatiles and collapse of pore spaces triggers reduction of porosity, which can decrease permeability by several orders of magnitude in the upper conduit (Heap et al., 2016; Rust & Cashman, 2004; Wong & Segall, 2020). Thus, brittle deformation is favored in shallow depths owing to higher solid volume fraction and

reduced vertical permeability. The resulting mechanical and permeability structures remain in place and serve as the initial conditions that produce VT seismicity thereafter.

Previous imaging of the Mount St. Helens magmatic systems provides some insight into the conduit structure and spatial patterns of VTs. Above 2 km BSL, the shallow seismogenic volume partially overlaps with a tomographically imaged high  $V_p$  anomaly, which is interpreted as a laterally extensive region of solidified granitic plutons (Figure 8b) (Kiser, 2018; Waite & Moran, 2009). In addition, the base of the seismogenic volume and proposed brittle-ductile transition at 2 km BSL overlaps with a low  $V_p$  zone previously interpreted as a shallow magma storage region between 2 and 4 km BSL (De Siena et al., 2014; Lees, 1992; Waite & Moran, 2009). This feature, however, is not visible in more recent  $V_p$  models that use data recorded by the iMUSH experiment between 2014 and 2016 (Kiser et al., 2018; Ulberg et al., 2020). Both Kiser et al. (2018) and Ulberg et al. (2020) suggest that this may have been a temporary feature during and prior to the 2004 to 2008 eruption. At these depths, melt bodies may be unstable and transient (K. V. Cashman et al., 2017). Although the persistence of a shallow magma storage region after the 2004–2008 eruption is unclear, this region may still accumulate transient batches of melt and gases from the upper-crustal reservoir below 5–6 km BSL as it repressurizes (M. Battaglia et al., 2018). Here, melt could be inhibited from migrating upwards due to the lower permeability of the overlying solidified magma. The movement of exsolved volatiles may then be regulated by a valve-like mechanism in the conduit at 2 km BSL, which may either permit it to migrate upwards through the conduit into the shallow fracture network or force it into the surrounding wallrock. Alternatively, upwelling volatiles may concentrate within zones of focused tensile stresses due stiffness contrasts between the melt-rich zone and high- $V_p$  intrusive body at 2 km BSL (e.g., Gudmundsson & Brenner, 2004; Kiser et al., 2018).

We infer that VT hypocenters occur within the conduit and surrounding wallrock. Additionally, they trend toward the WSW direction with increasing depth. Deep earthquake hypocenters are less spatially clustered than shallow earthquakes, possibly owing to their larger uncertainties (Figure 3, Figure S8 in Supporting Information S1). Conduit geometry between 2 and 6 km BSL is only loosely constrained as its small aperture makes it difficult to image through tomographic methods. It is unclear if the WSW offset of deep seismicity reflects the geometry of the conduit between 2 and 6 km BSL. However, southwest offset of the lower extent of deep seismicity is consistent with the top of the upper-crustal magmatic reservoir in tomographic images from the iMUSH experiment (Kiser et al., 2018; Ulberg et al., 2020). In addition, the WSW trend of deep hypocenters, given uncertainties, is roughly consistent with the location of a modeled pressurized cylinder proposed by Moran (1994) to explain focal mechanism P-T axis orientations of earthquakes at similar depths from 1987 to 1992.

## 4.2. Temporal Trends

Shallow background-level seismic activity between 2008 and 2014 can be explained by steady or residual outgassing into the shallow brittle volume and near-magmatic conditions at the end of the eruption (Anderson & Segall, 2013; Mastin, 2008, 2009; Moran et al., 2011; Segall, 2013; Wong et al., 2017; Wong & Segall, 2019, 2020; Zhang et al., 2022). M. Battaglia et al. (2018) and Makus et al. (2024) interpret magmatic recharge of the upper-crustal reservoir between 2014 and 2016 from observations of mass addition and reduced  $V_p$  values, respectively. These two observations could indicate the onset timing of precursory recharge leading to seismic unrest, which we observe, beginning in 2016. Episodic deep seismicity swarms between 2016 and 2024 bear some resemblance to deep seismicity swarms between 1987 and 2002 and could similarly be explained by repressurization of exsolved gases from the upper-crustal reservoir that are sealed within the plumbing system by the shallow impermeable dacite plug (Barker and Malone, 1992; Moran, 1994; Moran et al., 2008; Musumeci et al., 2002; Weaver et al., 1983; Zhang et al., 2022). High seismicity rates between 2022 and 2023 may also be explained by repressurization in addition to improved detection thresholds permitted by the installation of four permanent broadband seismometers within 5 km of the edifice between 2018 and 2022 (CC.LOO, CC.REM, CC.USFR and CC.HOA; Figures 1a and 2a, Figure S1 in Supporting Information S1). Deep and shallow seismicity rates within swarms are concurrent within several-month-long timescales but are burst-like and complex within shorter timescales (Zhang et al., 2022). During the initiation of swarms, shallow seismicity rates increase either before or at the same time as deep event rates (Figure 4). Additionally, maximum daily shallow seismicity rates are achieved several weeks to several months before maximum deep earthquake daily rates. These patterns could be explained by a combination of (a) temporary increases in vertical permeability by the formation of volatile flow channels during increased volatile output (Degruyter et al., 2019; Parmigiani et al., 2016, 2017) and (b) the brittle-ductile transition at 2 km BSL (Fournier, 2007; White & McCausland, 2019). Channelized flow pathways may be

able to support volatile flux from the magma reservoir to shallow depths without triggering upward migrating seismicity. In addition, brittle deformation within the conduit beneath 2 km BSL may be inhibited by lower viscosities, however downward-migrating seismicity clusters during peak swarm activity rates indicate that this rheological transition can temporarily migrate to greater depths with high enough strain rates (Cordonnier et al., 2012; Fournier, 2007). Similar rheological transitions are additionally used to explain the lack of pre-eruption seismicity deeper than 0 km BSL (Dzurisin, 2018).

None of the swarms we observe between 2016 and 2024 are associated with detectable ground motion signals recorded by local GNSS stations (Figures S1 and S6 in Supporting Information S1), tiltmeters, or strainmeters. However, deformation consistent with inflation is recorded at local GNSS stations between 2008 and 2012 (Dzurisin et al., 2015; Makus et al., 2024; Palano et al., 2012; Poland et al., 2017). Post-eruptive inflation is ambiguous and could be explained by viscoelastic relaxation with or without contributions from magmatic recharge (M. Battaglia et al., 2018; Segall, 2016, 2019). Deep earthquake swarms in 1989–1992 and 1997 to 1999 coincided with explosive tephra emissions (Mastin, 1994; Moran, 1994) and elevated CO<sub>2</sub> levels (Gerlach et al., 2008) respectively. However, there are no detectable outgassing events of CO<sub>2</sub>, H<sub>2</sub>S, or SO<sub>2</sub> between February 2008 and 2024 (USGS, 2023). The lack of observed H<sub>2</sub>S and SO<sub>2</sub> emissions may be explained by scrubbing interactions with liquid water (Gerlach et al., 2008), but no anomalies that reflect increased outgassing of these chemical species have been detected in measurements from nearby hydrothermal springs (Bedrosian et al., 2007; Bergfeld et al., 2017; Symonds et al., 2001). Based on the absence of eruptive activity, recorded ground deformation consistent with inflation, and gas emissions at Mount St. Helens since January 2008 (Dzurisin, 2018; Dzurisin et al., 2015), we suggest that the “failed eruptions” model proposed by Moran et al. (2011) does not apply to the seismicity swarms we observe in the 2008 to 2024 study period. Thus, the ascent of large volumes of magma through the conduit does not explain the seismicity patterns we observe.

### 4.3. Shallow Bursts and Repeating Earthquakes

Shallow burst-like VT swarms (Figures 4c, 6, 7) are a curious new discovery revealed by the matched-filter detection and location workflow. Their compact source region, semi-regular periodicity, and waveform similarity may evoke comparison to drumbeat earthquakes recorded during the 2004 to 2008 eruption (Harrington & Brodsky, 2007; Iverson et al., 2006; Matoza & Chouet, 2010; Matoza et al., 2015; Moran et al., 2008; Thelen et al., 2008, 2011; Waite, 2008). However, individual events within shallow seismicity bursts are distinct from drumbeat earthquakes mainly for their lack of dominant long-period energy, which indicates a different source type. Additionally, they are found during non-eruptive earthquake swarms and are roughly 2 km deeper than drumbeat earthquakes. In addition, the lack of long-lived harmonic coda indicates that they do not trigger observable fluid resonance in the conduit (Chouet & Matoza, 2013; Glasgow et al., 2018). In comparison to repeating earthquakes on tectonic structures (e.g., central San Andreas Fault, USA (Nadeau & McEvilly, 2004)), shallow bursts at Mount St. Helens do not repeat over several year-long timescales but similarly occur in pulse-like swarms albeit over much shorter timescales.

Shallow burst-like activity rates are loosely concurrent with deepening swarms (Figures 4 and 7a), indicating a response of the shallow seismogenic volume to gas or fluid input from greater depths. Near-repeating waveforms with 2–20 Hz frequency energy content and consistent locations at −0.5 to 1 km BSL indicate repetitive fracturing within or adjacent to the shallow conduit beneath the dacite domes. In addition, semi-regular time intervals between bursts may reflect quiescent accumulation and valve-like release of fluid or gas overpressure from the conduit into a brittle fracture network (Farge et al., 2021). At Mount St. Helens, a valve at 2 km BSL within the edifice may represent a transient increase in permeability by hydrofracturing or capillary fracturing processes that are characteristic of high-crystallinity magmas (Degruyter et al., 2019; Farge et al., 2021; Oppenheimer et al., 2015; Parmigiani et al., 2016, 2017).

Shallow burst-like events persistently repeat within roughly one month of their respective origin times. Their P- and S-wave arrivals in early to mid 2023 are remarkably similar across this 5-month period (Figure 5c, Figure S7 in Supporting Information S1). By contrast, the steady increase and decay of inter-event cross-correlations leading up to a reference event in Figure 6b can be explained by changes in the coda waveform character (Figure S7 in Supporting Information S1). Hypocenters of individual events within a shallow burst can vary by 1–2 km (Figure 5a). Further refinement of location solutions may be required to verify whether their locations vary by this much or if they collapse into a smaller source volume. S-wave detections, of low signal to noise, that



contain segments of shifted or altered coda wave trains could degrade the cross-correlation measurements, leading to increased hypocenter uncertainty. It is unclear if the progressive change in coda wave character can be explained by changes in location that are not resolved, or due to changes within the scattering medium. However, the consistency of inter-event body-wave cross-correlation values indicates that most events in this time share similar source mechanisms and locations. Well-recorded shallow burst events with mutually similar body waves and changing coda phases may provide an opportunity to image temporal velocity changes near the shallow edifice and flanks (Hotovec-Ellis et al., 2014, 2015; Kanu et al., 2013; Snieder, 2006).

#### 4.4. Environmental Sensitivity

Changes in seismicity rates in response to external factors are well documented in volcanic environments (Brodsky & Van Der Elst, 2014; Hill et al., 1993; Neuberg, 2000). Stress field alterations due to steep thermal gradients between hot solidified magma and rock containing cool meteoric water have been proposed as a mechanism for driving fracturing potential swarm-like seismicity (e.g., Warren & Latham, 1970). However, the role of meteoric fluid in generating VT seismicity at Mount St. Helens is unclear. There are no known instances of seismicity rate changes during non-eruptive periods (i.e., when the vent is shut) in response to large rainfall events. Infiltration times longer than one seasonal cycle are possible; however, electric self-potential measurements made near the edifice indicate that fluid and circulation in the hydrothermal system above roughly 2 km of the surface is fed by magmatic exsolution (Bedrosian et al., 2007). Moreover, at Mount St. Helens, there are few known geologic structures that serve to transmit meteoric fluid deep into the crust (e.g., Lassen Volcano, Long Valley Caldera; Janik & McLaren, 2010; Montgomery-Brown et al., 2019).

Correlations between annual peak seismicity rates and hydrologic well data have been identified at Mount St. Helens and other Cascade Range volcanoes between 1984 and 2004 (Christiansen et al., 2005; Saar & Manga, 2003). The time-of-year frequency histogram of Figure 7d shows a slight increase in event count during the late summer months, when infiltration of snowpack melt is expected to reach its annual maximum flux (Christiansen et al., 2005). However, declustering is necessary to prevent bias due to overrepresentation of seismicity rates from anomalously large swarms. One may also need to explain why there is an additional peak in the January to March months, when snowpack is expected to accumulate. The hypothesis testing required to verify these apparent seasonal correlations are out of scope for this study. Lastly, we do not find any evidence for seismicity rate changes immediately after phase arrivals from global teleseisms of M7 or greater, or regional earthquakes of M3 or greater. Tidal modulation, particularly for periodic shallow seismicity bursts, may be worth consideration. However, most shallow bursts recur within 1–2 days of each other (Figure 7e). If tidal stresses were a primary triggering mechanism, we might expect them to recur within diurnal or semidiurnal periods (Thomas et al., 2009; Scholz, 2019; Wang et al., 2022).

#### 4.5. Implications for Future Eruptive Potential

Increased seismic activity eight years after the end of the 2004 to 2008 eruption of Mount St. Helens indicates increased levels of volatile flux in response to recharge or second boiling within the upper-crustal reservoir, which will eventually lead to the next eruption given sufficient time. Within the past 1,500 years, Mount St. Helens has experienced four 60 to 100 years-long eruptive periods, each consisting of several dome-building eruptions within decades of each other (Evarts et al., 1987; Hoblitt et al., 1980). Despite the apparent increases in subvolcanic activity inferred by seismicity rates, our observations should not be used to forecast the next eruption. Neither the 1980 to 1986 nor 2004 to 2008 dome-building eruptions featured precursory deep seismicity (Dzurisin, 2018; Roman & Cashman, 2018). Moreover, pre-eruptive seismicity is usually shallow and occurs at rates of hundreds of earthquakes per hour—much higher than we observe in our data set (Moran, 1994; Moran et al., 2008; Roman & Cashman, 2018). Further investigations of non-eruptive seismicity, particularly their connection to observations from other disciplines, could be useful to better understand the physical processes that govern eruption cycles.

### 5. Conclusion

We derive a high-resolution earthquake catalog between 2008 and 2024 to better understand non-eruptive volcanic seismicity at Mount St. Helens. We observe widespread volcano-tectonic VT seismicity in proximity to the conduit between −2 and 7.5 km BSL. Shallow seismicity beneath the volcano's recently emplaced dacite domes within −0.5 to 2 km BSL is persistent from 2008 to 2024, indicating that the shallow edifice is consistently brittle.

Both shallow and deep seismicity rates increase dramatically within semi-periodic earthquake swarms beginning in 2016, indicating increased volatile flux due to recharge or crystallization in the upper-crustal reservoir. Within swarms, peak shallow seismicity rates occur before peak deep seismicity rates. The long-term spatial and temporal seismicity patterns can be explained by a brittle-ductile transition at 2 km BSL and a decrease in vertical permeability within conduit magma toward the shallower edifice—both of which can be attributed to the upward solidification of magma within the conduit. The shallow edifice hosts semi-periodic shallow seismicity bursts that consist of low amplitude repeating earthquakes. Shallow seismicity bursts become frequent beginning in 2016 and tend to occur in temporal proximity to deep earthquake swarms, indicating a valve-like response to gas input from greater depths. Seismicity rates do not appear to change according to seasons of the year nor in response to phase arrivals from large earthquakes at teleseismic or regional distances. Considering these observations, we suggest that non-eruptive VT seismicity at Mount St. Helens is modulated by varying amounts of volatile flux from the upper crustal magma reservoir. Volatiles then interact with structural variations within the conduit that are the result of increasing solid fraction and decreased permeability toward shallow depths.

## Conflict of Interest

The authors declare no conflicts of interest relevant to this study.

## Data Availability Statement

The earthquake catalog from this study is available in Hirao et al. (2025) and its headers are described in Text S6 in Supporting Information S1. Template event data, including their waveforms and phase arrivals, were obtained from the Pacific Northwest Seismic Network (PNSN; University of Washington, 1963).

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